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Priority to activities

Bonifacio and Southern Corsica invite all outdoor activity lovers to enjoy the wild and preserved countryside and surroundings all year long. Occasions for big and small to participate in the numerous sports activities on offer: on land, on the sea... and even in the air.

And even better: the Tourist Office of Bonifacio and its partners propose special offers during the months of April and October so you may advantageously discover the joys of hiking, horse riding and mountain biking in the area. Many other activities await you such as adventure climbing, canyoning, a professional 18-hole golf course, mid-mountain climbing and even helicopter flights... and of course, not forgetting boat outings, sailing, kite surfing, kayaking and canoeing, stand up paddle and deep sea diving...!

The choice is vast with plenty to do.





WHAT CAN YOU DO WITH THE KIDS?

FOR THE VERY SMALL

- 18 Race on a paddleboat on the turquoise waters
- 42 Pony ride in the scrubland amongst the wide boar
 - Explore the Citadel on an electric bike behind Mummy
 - Swim amongst the fish in the Nature Reserve
 - Build a sandcastle on Balistra beach
 - Walk between the sea and the lagoon on Rondinara

FROM 3 YEARS OLD

- **62** Be driven around the Citadel on the little train
- 47 Climb the trees in the countryside
 - Meet the famous Corsican pig
 - Scuba dive with a mask amongst the many-colored fish
- **22** Be a pirate in the grottos of Bonifacio



QUE FAIRE AVEC DES ENFANTS?

FROM 7 TO 12 YEARS OLD

- **40** Buggy excursion in a local farm
 - 9 Win the Diploma of the Stairway of the King of Aragon
- 11 Complete the investigation in the Citadel
- **16/17** Lead the family in a fleet of kayaks and conquer the cliffs
 - 39 Drive around Southern Corsica in a 4-wheel drive
 - **43** Beat Daddy at the 16th hole of the Sperone Golf Clube

Tourist Office +33 (0)4 95 73 11 88 - www.bonifacio.fr 2 rue Fred Scamaroni, Bonifacio



MADE TO MEASURE ACTIVITIES

OLEADAY

Oleaday is a «receptive agency» offering emotions throughout the seasons. The love of this land of infinite riches leads us to offer the most beautiful discoveries. Our knowledge of Corsica off the beaten track allows us to offer you... the unobtainable.

With family, a couple, a group of friends, or alone... in good weather or even in rainy weather... Oleaday promises you an unforgettable experience, for a few hours, a day or several days, according to your wishes.

To maximize your time on site, Oleaday designs and combines unique activities, with rigorous professionals, specialists of both our island and their own fields.

Land, air and sea, the activities are (almost) limitless... and at advantageous rates. Half a day of combined activities, from 49 € per adult and 29 € per child. Come visit us at the agency or call us!

RATES Adult: from 49 € Child: from 29 €

Open all year

+33 (0)6 65 21 41 99 ou+ 33 (0)6 76 60 06 06 info@oleaday.com www.oleaday.com Quai Nord, Bonifacio



HERITAGE

VISIT OF THE CITADEL

Enclosed in its fortifications, the medieval Citadel is situated on a 60 meters high limestone peninsula that has been shaped over millennia by the sea and the wind. Roman emperors, doges of the republics of Pisa and Genoa, visits of Charles V and Napoleon I... the history of Bonifacio is very rich. All the historical, religious, military and civil monuments form a real open-air museum. To discover it, several possibilities are open to you:

- You can visit the Citadel in total freedom, thanks to a patrimonial circuit of the «not-to-be-missed» sites grouping together the most remarkable places. Download the map on www.bonifacio.fr or get information at one of the tourist information offices
- You can, thanks to an audio-guide, undertake a 1h30 walk in the old town centre through the narrow streets, monuments and squares. For rentals, go to the Citadel's information offices.



Remember to come in the evening to enjoy the illumination of the monuments. Magical moments guaranteed!

Tourist Office +33 (0)4 95 73 11 88 - www.bonifacio.fr 2 rue Fred Scamaroni, Bonifacio



HERITAGE

THE BASTION OF THE STANDARD

The Bastion, centerpiece of the 16th century fortifications, dominates the port and the cliffs. It will seduce you with its many remarkable viewpoints. The circuit also includes a visit to the old medieval tower and the underground rooms where an exhibition retraces 1,000 years of fortifications. For children, there is a free game book «Fanfan, the flying donkey».

TIMETABLES

- April to September, 9.30 am to 7 pm
- October, 10 am 4.30 pm
- November, December and March, 1 pm to 3.30 pm

RATES

Adult: 3,50 €

- Child 6-11 years old: 1 € / Free less than 6 years old
 Minimum group of 10 people: 2 €
- **■** PASS-MONUMENTS :
 - «Bastion of the Standard + Stairway of the King of Aragon»: Adult 4,50 € / Child 6-11 years old: 1,50 €

This military monument is also a meeting place:

- Exhibitions of contemporary art
- Yoga sessions with 100% healthy aperitif:
- 2 Fridays per month in May, June and September from 6.30 pm. Price: 24 $\ensuremath{\varepsilon}$
- « Family Day » with lots of free activities

Medieval Family Day: April 26th / Family Day Halloween: October 31st

Tourist Office +33 (0)4 95 28 72 37 - www.bonifacio.fr Porte de Gênes, Bonifacio



THE STAIRWAY OF THE KING OF ARAGON

An unusual monument in the city of cliffs, the Stairway of the King of Aragon has 187 steps and overlooks the sea by 65 meters. Below, a secure walk between sky and sea offers a unique panorama of the Bouches de Bonifacio. Legend has it that in the year 1420, the King of Aragon Alfonso V, already master of Sardinia, wanted to acquire the impregnable city of Bonifacio. To reach it, his soldiers are said to have carved a natural crevasse in the cliff into a stairway in one night! In fact, this crevasse has existed since the dawn of time and this natural passage has been constantly improved since prehistoric times to become a real stairway today.

TIMETABLES I

April to September, 9.30 am to 7 pm

october, 10 am to 4.30 pm

November, December and March, 11 am to 1 pm

RATES

Adult : 3,50 €

Child 6-11 years old: 1 € / Free - less than 6 years old

Minimum group of 10 people : 2 €

PASS-MONUMENTS:

«Bastion of the Standard + Staircase of the King of Aragon»: Adult 4.50 € / Child 6-11 years old : 1,50 €

Visiting this very special site requires a good physical form and respect of the safety rules.

Tourist Office +33 (0)4 95 73 11 88 - www.bonifacio.fr Place Carrega, Bonifacio



HERITAGE

THE RUDDER

Built in 1880 by the French military engineers, the Gouvernail was the surveillance spot at the entry to the port as well as over the entirety of the Strait of Bonifacio. The local fishermen called this site the "Gouvernail" (Rudder) of Corsica due to its shape and geographical position. After descending 168 steps, you will discover a superb view over the entry to the bottleneck and the cliffs of Bonifacio. This is a historical and most original visit not to be missed.

Individual : 2,50 €

RATES

Group: minimum 10 pax: 2 €

Children: free of charge for the under 12 years old

Open: May, June and October: 10 a.m. - 7 p.m. July, August and September: 9 a.m. - 8 p.m.

> +33 (0)6 19 73 69 75 bianchini.eric@wanadoo.fr

Quartier St François, Bonifacio



VISITS

TOURIST OFFICE GUIDED TOURS

Discovery visit: a surprising visit inspired by the stories, legends, traditions and unusual facts of Bonifacio. With a guide-lecturer (duration 1h30). Places are limited. Tickets at the Tourist Office.

Adult : 7.50 €

RATES ■ 3 € for 12-18 years old

Free for children under 12 years old

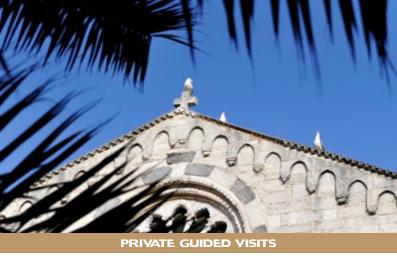
Children's visit «Investigation in the Middle Ages»: our young detectives set out to discover mysterious places. As they decode the enigmas and win the challenges, a key to the safe awaits them (duration 2 hours). Places are limited. Tickets at the Tourist Office.

RATES

For children from 6 to 12 years old: 7,50 €

Adult:3€

Tourist Office +33 (0)4 95 73 11 88 - www.bonifacio.fr 2 rue Fred Scamaroni, Bonifacio



LETIZIA MARESCA LES GUIDES DE BONIFACIO

Whether you are alone, with your family or in a group and even with your pet, Letizia guarantees you a personalized visit with lots of humour! Discover Bonifacio ambling through its history, alleys, squares, houses, churches, monuments and wonderful sea views. A lively and exciting visit.

Available all year

+33 (0)6 14 39 71 23 +33 (0)4 95 73 58 95 laetitiafravega@gmail.com Bonifacio



PRIVATE GUIDED VISITS

LES GUIDES DE L'EXTRÊME SUD

Discover the extreme South of Corsica, its patrimony, history and identity and delve deeper than the standard clichés. Available individually or in groups, our "discovery" visits guarantee a real exchange. A program for adults and children, with traditional visits, meeting the locals, treasure hunts and trails ...

Available all year

+33 (0)6 95 98 09 86 sudguides@sfr.fr Bonifacio



GASTRONOMY

GOURMET GETAWAY

You can get a taste of Corsica by going to a delicatessen where a platter of quality local products awaits you. Live a privileged and intimate moment in the company of a grocer, guarantor of the Corsican culinary heritage. For a very accessible price, your taste buds will thank you. Reservations for 10 people. Tickets at the Tourist Office.

OPENING HOURS April and October every Thursday : 5.30 pm

May to September every Thursday : 6.30 pm

November, December and March, 11 am to 1 pm

Information at the Tourist Office

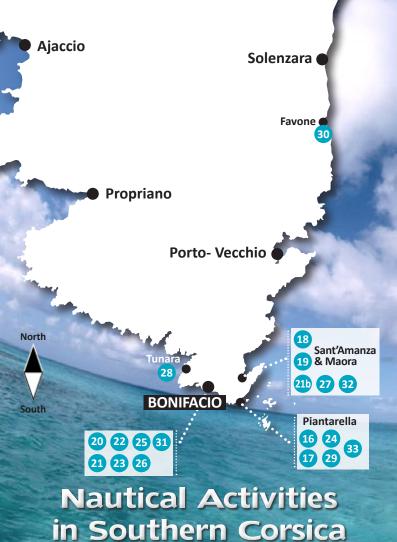
STRADA DI I SENSI

"The Road of the True Senses". Farmers open the doors of their farms, craftsmen those of their workshops: women and men who love their land! An invitation to travel to the heart of Corsica but also into the heart of Corsicans! Organize your own itinerary and get all the addresses: www.gustidicorsica.com

THE MARKETS

There are 2 markets per week in the Old Town of Bonifacio: the producers' market on Friday morning with products from local agriculture, organic farming or Corsican handicrafts and on Tuesday morning with fruits and vegetables, souvenirs, clothes, jewellery ...

Tourist Office +33 (0)4 95 73 11 88 - www.bonifacio.fr 2 rue Fred Scamaroni, Bonifacio





BONIF KAYAK

Go kayaking on the most beautiful lagoon of Corsica! Enjoy an outing with a local and passionate guide to discover the riches of the Nature Reserve of Bonifacio (circuit alongside the limestone cliffs, the grottos, observing the birds and fish of the Marine Park...). Various circuits are adapted for families and kayak rental without a guide is also possible, of course following our connoisseur's instructions. Equipment is included in all rentals: neoprene wetsuit, waterproof canister and circuit map.

Kayak rental from 7 € to 65 €

RATES

Kayak with guide: from 20 € to 65 €

Stand up paddle rental from 10 €/hour

Open from April to October

+33 (0)6 27 11 30 73

bonifaciokayak@gmail.com www.bonifacio-kayak.com Plage de Piantarella, Bonifacio



BONIFACIO WINDSURF

Outdoor activities in an exceptional setting... alone or with your family, we will equip you for safety.

Windsurfing from 20 €/hour

Kayak quattro from 20 €/hour

■ Stand up paddle (SUP) from 15 €/hour

Prices for activities supervised by instructors:

Kayak excursions to the Lavezzi Islands, Gulf of Sant'Amanza or Ventilegne from 55 € for 5 hours

SUP excursions to the Lavezzi Islands or under the cliffs from 60 € for 3 hours

Mountain biking on the coastal paths: bike + guide from 55 € for 2 hours

winG, new 2020 glide from 45 €/hour

But also... **children's activities**: «Magicians of the wind» or «The shipwrecked of Sperone», from 25 € for 2 hours

Open from April to October

+33 (0)6 80 31 51 41

cristelle@bonifacio-windsurf.com www.bonifacio-windsurf.com Plage de Piantarella, Bonifacio



MAORA B'CH SAILING CLUB

Share our passion for the sea, gliding and sport on Maora beach and in the Nature Reserve of the Strait of Bonifacio

Sea side: catamaran cruising, kayaking, paddle, water skiing, wake, towed buoy, pedal boat and light sailing.

Snack side: small continuous meals on site (salads, pizzas, pancakes, ice-cream...)

New: catamaran full day or half-day

i Stand up paddle 20 €/hour

Tow tube 20 €

RATES

Pedal boat 20 €/hour

Duo kayak 20 €/hour

Catamaran : from 60 €/pers

Open all year

November to March: reservation required

+33 (0)6 34 23 97 81 info@maora-beach.com

www.maora-beach.com

Plage de Maora, Bonifacio



SUD GLISSE

Sud Glisse is the wake board, water ski and tow tube school of Bonifacio! Passionate and qualified monitors, a Mastercraft x 5 boat and the Maora B'ch Sailing Club snack-bar welcomes you at the Maora Beach spot in the heart of the Sant'Amanza bay.

From 5 years old, whether you are a beginner or experienced, come and enjoy a session or take a season ticket.

RATES From 20 €

Open from June to September

+33 (0)6 49 23 01 04 sudglisse@outlook.com www.sudglisse.com Plage de Maora, Bonifacio



MOTOR BOATS

BONIFACIO MARINE

Rental of 5.5 to 14 metre semi-rigid habitable boats. Ideally located, you can discover the Nature Reserve by skipping yourselves or accompanied by a professional skipper thanks to the "à la carte" services.



Open from April to October - +33 (0)6 71 90 19 20 contact@bonifaciomarine.com - www.bonifacio-yachting.com
Nest to the Harbour Master's Office, Bonifacio

EUROYACHT

Daily rentals of elegant, top level ITAMA, etc. Motorboats (choice of 38 to 42 feet). Rentals are exclusively with professional skipper. The tariff includes 4 hours fuel.

Rentals from April to October - Reservations all year +33 (0)4 95 73 70 18

contact@euroyacht.fr - www.euroyacht.fr

Quai Nord. Bonifacio

NAUTIC AVENTURES

Nautic Aventure offers rentals of top-level semi-rigid boats from the port of Bonfacio and the island of Cavallo, with or without professional skipper.

Open all year +33 (0)6 24 64 36 31 ou +33 (0)4 95 10 43 52 contact@nautic-aventures.com - www.nautic-aventures.com

Quai Nord, Bonifacio

POUSS VAGUE 21b

The perfect place for all boat departures! A sheltered, quiet and wild site! What could be better than a boat trip to discover the wonderful sites of the Natural Reserve of the Strait of Bonifacio. Whether with or without a permit, you will find the rental you need for an unforgettable outing.

Open from May to October +33 (0)6 07 94 25 82

contact@poussvague.fr - www.poussvague.fr Golfe de Sant'Amanza, Bonifacio

MECANIC'MARINE

Mécanic Marine is a family business that has been operating for almost 40 years on the Bonifacio Marina. This experience as a renter and dealer allows them to propose a fleet of semi-rigid and rigid boats adapted to navigation in the magnificent Natural Reserve of the Bouches de Bonifacio. Rental with boat license.

RATES ■ From 190 € to 750 €

Open from April to November +33 (0)4 95 73 01 85

mecanic.marine@wanadoo.fr - www.location-gardiennage-bateaux-bonifacio.fr
Quai Comparetti, Bonifacio



ONE HOUR OR ONE DAY CRUISE

SPMB

Come and enjoy an outing or a mini-cruise to discover the cliffs, the grottos and even the Lavezzi island archipelago in the Nature Reserve of the Strait of Bonifacio.

← Circuit n°1: Outing to grottos, cliffs and creeks. Duration: 1 hour

Adult: 18,50 € / student: 16 € / 4 to 12 years old: 10 €

/ under 4 years old - free of charge

Circuit n°2: Mini-cruise with a stopover on the Lavezzi islands and on the way back, visit of the grottos, the cliffs and creeks. Don't forget to take along a picnic, sun protection creams, flippers, mask and snorkel. 30 minutes one-way and 1 hour return.

Adult: 37 € / student: 32,50 € / 4 to 12 years old: 18,50 €

Circuit in an under water vision boat: Discovery of the seabed fauna on glass bottom boats 1 hour and 15 minutes

Adult: 23,50 € / student: 20 € / 4 to 12 years old: 13 €

Open all year

+33 (0)4 95 10 97 50 spmbonifacio@orange.fr www.spmbonifacio.com Quai d'honneur, Bonifacio



DAY-CRUISE

L'AUTRE CROISIÈRE

Jean Michel and his crew will take you out for an unforgettable day in the Nature Reserve of the Strait of Bonifacio. The l'Autre Croisière cruise is a memorable day: breakfast on board, lunch (aperitif, Corsican cut meats, crawfish pasta, cheese...), navigating around the Lavezzi islands with a stopover at the Lavezzu island and Sperone beach and returning via the Pertusatu Cape, the cliffs and grottos before returning to the port of Bonifacio. Departure is at 9.30 a.m. and return at 6 p.m.



RATES **95** € for the day

Open from May to October

+33 (0)6 17 62 31 06 lautrecroisiere@gmail.com www.lautrecroisiere.com Quai d'honneur, Bonifacio



DAY-CRUISE

CROISIÈRES DES ÎLES

Spend a ½ or full day cruising on board a catamaran and discover the bay of Roccapina, the archipelago of the Lavezzi islands as well as Northern Sardinia. A choice of 2 catamarans for either 10 or 18 pax available with stand up paddle aboard.

60 €/ ½ day ½ price for the under 12s

Open all year

+33 (0)6 83 17 37 17 info@voilesdebonifacio.com www.voilesdebonifacio.com Plage de Piantarella, Bonifacio



ÉCOLE DES GLÉNANS

LES GLÉNANS

Discover the sailing world with the Glenans, a sailing association created in 1947! The base in Bonifacio proposes cruise sessions and windsurfing for adults and the young from 12 years old.

Open from March to November

+33 (0)4 95 73 03 85 bonifacio@glenans.asso.fr www.glenans.asso.fr Route de Sant'Amanza, Bonifacio



EXTRÊME SUD JET

Enjoy the experience at the helm of a jet ski either for an accompanied or individual rental. You will discover the unusual scenery in the International Marine Park of the Strait of Bonifacio. Departures take place from the port of Bonifacio that will take you to the cliffs at record speed.

Open from May to October

+33 (0)6 19 04 89 73 extremesudjet@hotmail.fr www.extremesudjet.com Quai Nord, Bonifacio



JET-SKI

JET-SKI CORSE

Jet skiing: from 30 min to 2h30 there is necessarily a formula for you, with or without a permit.

Flyboard: for thrill seekers, get started in this activity and fly like a bird.

Open from May to October

+33 (0)6 19 74 19 33 jetskicorse@gmail.com Sant'Amanza, Bonifacio



JET-SKI

PIRATE ADVENTURE CORSICA

Discover the Bouches de Bonifacio Nature Reserve by jet-ski (with or without a permit), respecting the environment. Several formulas including «land and sea» for 4 hours of thrills to visit Bonifacio by jet ski and quad bike. Accessible to all, with a small surprise halfway.

Open from May to October

+33 (0)4 95 73 56 36 ou +33 (0)6 73 48 53 80 info@pirate-adventure-corsica.com www.jetski-corse.com
Plage de la Tunara, Bonifacio



KITESURF

CORSICA KITEBOARDING

Being a windy area, Bonifacio has ideal conditions for kite surf. Thus, depending on the weather, Ventilegna or Piantarella are the preferred spots. The kite surfing school, certified Prokite, offers beginners, intermediate and advanced courses.

Discover the beautiful beaches of Bonifacio and the sport with qualified instructors.

Open from April to November

+33 (0)6 75 01 50 04 corsekite@gmail.com www.corsica-kiteboarding.com Plage de Piantarella, Bonifacio



ACQUA VANUA

This is an exotic activity for all ages (from 2 years old), unique in Corsica. You will discover the Corsican coastline as follows: stopovers in the turquoise waters of the creeks with swimming and snorkelling. And for a memorable evening, we propose "an outing at dusk": departure at the end of the afternoon, aperitif and picnic, returning at sundown. Accompanied outing, pirogue rentals ...

RATES 27 à **55** € (4 to 5 pax)

Open from May to September

+33 (0)6 03 60 87 29 ou +33 (0)6 12 85 66 39 contact@acquavanua.com www.acquavanua.com Plage de Favone, Sari-Solenzara



DEEP-SEA DIVING

BONIFACIO PLONGÉE

Come and discover the archipelago of the Lavezzi islands, in the classified Nature reserve and overflowing with underwater life. Bonifacio Plongée also includes the Cerbicales islands in Porto Vecchio with our partner, Le Kalliste who welcome you on Palombaggia beach. Bonifacio Plongée is situated on the port of Bonifacio opposite the Esso petrol station.

Open from May to October - +33 (0)4 20 04 73 27 bonifacio.plongee@gmail.com - www.bonifacioplongee.corsica Face à la station, Bonifacio

DIVING PRIVATE

Privatized boat, customized organization, "à la carte" destination, diving for adults and children, snorkeling with no time limit, professional supervision, top-of-the-range equipment. We take you to discover the paradisiacal creeks and the essential dives from the Nature Reserve of the Bouches de Bonifacio... to Senetosa, the wildest and best-preserved coastline of Corsica.

Open from May to November - +33 (0)6 30 03 03 01 and 06 01 78 15 14 contact@diving-private.com - www.corse-plongee-privee.com

Bonifacio



SEABOB

SEABOB CORSE OFFICIEL

The Sea Bob is a silent and environmentally friendly underwater electric vehicle. It allows you to be towed at impressive speeds on or under water (up to 20 km/h). Thanks to the Sea Bob you can explore the seabed with a simple diving mask. The Sea Bob is a nautical activity accessible to everyone, from 8 years old and mastered in less than 2 minutes.



Open from June to mid-September

+33 (0)6 19 49 56 13 Seabob2b@icloud.com www.seabobcorse.com Maora. Bonifacio



SAILS AND SAILING BOATS

CLUB DE VOILE DE BONIFACIO

Sail in one of the most fabulous spots in Southern Corsica: the Piantarella lagoon. The Club offers you rentals, private and group lessons in wind surf, catamaran, dingy, kayak and stand up paddle. From 4 years old. And also, first experience on a flying catamaran!

RATES

Group sessions from 30 € / 1 hour 30 min Individual sessions from 50 € / 1 hour Rental from 10 €

Open all year

+33 (0)6 83 17 37 17 info@ecole-windsurf.com www.ecole-windsurf.com Plage de Piantarella, Bonifacio



CANYONS DE BAVELLA ET L'OSPÉDALE

Are you daring? You are warned: the water is a little fresh in April and October. However the discovery of the most beautiful canyons of Southern Corsica is totally possible, withstanding the freshness of the water, even excellent for your health!

PULISCHELLU CANYON

Great fun, with numerous jumps and toboggans

2 hours 30 minutes descent, 30 minutes approach and 5 minutes return. From 35 €/pax.

PURCARACCIA CANYON

One of the most beautiful and fun canyons, with a succession of basins and giant toboggans with 2 \times 40 m abseiling !

3 hours 30 minutes descent, 1 hour 15 minutes approach, 30 minutes return. From 50 €/pax.

LA VACCA CANYON

Sporty descent in the tight canyons, with numerous jumps (from 2 to 10 m), 12 m abseiling, swim in the emerald green basins and a walk through the waters of the landscape.

3 hours 30 minutes descent, 45 minutes approach, I hour return. From 55 €/pax.

PISCIA DI GALLU CANYON

Starting from L'Ospedale, the descent is in an impressive granite canyon with 800I/s flow. Exit onto a more than 80 m high cascade ! 3 hour descent, 15 minute approach, 30 minutes return

WANT TO DISCOVER OUR CANYONS?

AABC ROBERTO CANYON

Open from may to october +33 (0)6 12 39 54 75 abc.roberto.canyon@hotmail.fr www.canyoningencorse.com Bayella

BACQUA CANYON

Open all year +33 (0)6 20 61 76 81 aqa-canyon@orange.fr www.aqa-canyon.com Col de Bavella, Levie

GBAVELLA CANYON

Open from april to november +33 (0)6 20 27 49 41 infos@bavellacanyon.com www.bavellacanyon.com Col de Bavella

D CORSE MONTAGNE

Open all year +33 (0)6 17 92 11 05 carlos@corse-montagne.com www.corse-montagne.com Sainte-Lucie de Tallano



E CORSICA CANYON

Open from april to october +33 (0)6 22 91 61 44 infos@corsicacanyon.com www.corsicacanyon.com Solaro

E CORSICA FOREST

Open from april to october +33 (0)6 16 18 00 58 contact@corsica-forest.com www.corsica-forest.com Bavella

GXTREM SUD CANYON

Open from april to october +33 (0)6 18 97 03 46 info@xtremsudcanyon.com www.xtremsudcanyon.com Bayella

Office de Tourisme +33 (0)4 95 71 48 99 www.zonza-saintelucie.com

Rez-de-chaussée Mairie annexe, Sainte Lucie de Porto-Vecchio



AQUA-RANDO

ALPA CORSE

The aqua-rando (water ride) is a fun and refreshing activity for either the family, a couple or amongst friends. The program includes a descent of the river with jumps, toboggans, rapids, and swimming. The reckless and the faint-hearted can enjoy the breath taking sensations together: jumps and toboggans can be avoided no problem.

Open all year

+33 (0)6 17 10 61 15 info@alpacorse.com www.alpacorse.com Chisà



4X4 EXCURSIONS

RANDO 4X4 CORSE

We offer various half-day or full-day hiking tours. A background of traditional music, the scent of the scrubland mixed with the iodine of the Mediterranean Sea never far away, all your senses will be awakened. Magical moments with a program of mountains, sea, lakes, torrents, small corners of paradise accessible to connoisseurs as well as breath taking views...

RATES **■** from 50 € per half-day

Open all year

+33 (0)6 11 54 92 52 rando4x4@hotmail.fr www.rando4x4corse.com Sud Corse



BUGGY EXCURSIONS

U PORCU RANGER

On board a Buggy, Maxence accompanies you around his farm to discover the black pigs he breeds. He will give you explanations as you discover the Corsican scrubland flora. You will cross the Clos Finadori vines before pausing on the highest point with a view over the extreme South of Corsica. Enjoy and authentic experience by visiting the region differently.

Open all year

+33 (0)6 14 02 56 48 maxence.finidori@hotmail.fr Domaine de Piscia, Figari



BICYCLE TREKS

E-SPERIENZA

Electrically assisted (E.A.) mountain bike rides, accompanied or not, to discover the paths and tracks of Southern Corsica.

The E.A. mountain bike is an accessible and ideal activity which can be practiced as a couple, with friends or family.

Helmets, gloves, rucksacks and saddle comfort provided.

Open all year round

+33 (0)6 19 20 81 06 vertical-sud@sfr.fr - www.e-sperienza.com Porto-Vecchio



HORSE RIDING

RANCH SAN DIEGO

Who hasn't dreamt of riding through the scrubland or on the beaches of the Gulf of Sant'Amanza?

RATES

Beginner 1 hour : 30 €

Beginner and experienced 2 hours : 55 €

Pony garden with discovery of the orchard : from 9 a.m. to 12 a.m. from 5 years old onwards : 10 € per child

Carriage rides available on reservation minimum 6 pax

Open from April to November 6 days a week (excluding Sundays)

+33 (0)6 26 95 42 83 ou +33 (0)4 95 73 01 67 info@leranchsandiego.com
www.leranchsandiego.com
Sant'Amanza, Bonifacio



18-HOLE GOLF COURSE

GOLF DE SPERONE

The Sperone 18-hole Golf course: situated on the coastline and exposed to all winds is one of the most spectacular and technical courses in Europe for the golfing world. We offer individual courses to discover this pure nature sport.



Open all year

+33 (0)4 95 73 17 13 contact@golfdesperone.com www.golfdesperone.com Bonifacio



MULTI-ACTIVITIES

ACQUA NATURA

Aqua Natura is an adventure park in Solenzara with 8 treetop circuits and accessible from 3 years old onwards. More than a 100 fun and sports workshops, with up to 3 hours of activities. Canyoning base in set in several locations: the Bavella Needles, Pulischellu, Vacca, Purcaraccia (from 7 years old onwards). From 8 years old onwards, paintball is accessible on three sports grounds of over 1 hectare as well as stand up paddle and kayaking.

RATES ■ From 20 €/pax

Open all year on reservation

+33 (0)6 29 19 19 04

acqua-natura@hotmail.fr

www.corse-canyoning-parc.com - www.corse-paintball.fr
Camping des Nacres, Solaro



MULTI-ACTIVITIES

A TYROLIANA

First « multi-activity adventure park »: treetop cables, canyoning, mountain biking and electric mountain biking, hiking, excursions, baby park, climbing, paintball, restaurant & pizzeria.

On the banks of the natural pools of the Cavu River, in an exceptional site, come and try your hand at adventure with family and friends, alone or accompanied. Fun, adventure and exclusive one-hour to one-day events: come in large numbers, come happy. More than 180 workshops, 11 circuits including 4 for children from 3 years old. 33 km of mountain bike track, 55 km of hiking trails, 6 canyoning courses for all levels from 7 years old, 1 hectare of paintball... remember to book your «outdoor» activities.

For the adventure park: 10 € to 24 €

RATES For canyoning: 45 € to 55 €
For paintball: 22 € to 35 €

Open all year

+33 (0)4 95 21 78 04 ou +33 (0)6 20 42 10 38

parc.atyroliana@orange.fr

www.atyroliana.com

Sainte-Lucie de Porto-Vecchio



U MONDU DI U PORCU

We unveil all the secrets of the process of homemade cured meats fabrication. The universe of the pig is entirely unveiled: origins, breeds, breeding process, food, myths and popular insular beliefs, and this using fun explanations and a surprising video film.



RATES

Between 3 € and 5 €

Open all year

+33 (0)4 95 52 94 87 umondudiuporcu@gmail.com www.mondu-porcu.com Cozzano



ADVENTURE PARK

PARC AVENTURE PORTO-VECCHIO

This Adventure Park is ideally situated in a eucalyptus wood in the heart of Porto Vecchio, a few minutes from the Santa Giulia and Palombaggia beaches. 8 circuits comprised of Tarzan jumps, giant canyon zips, bicycles ... the perfect spot to enjoy an unforgettable moment with the family or friends.

Open all year

+33(0)6 35 56 00 41

contact@parc-aventure-pv.fr

www.parc-aventure-porto-vecchio.fr

Route de Bonifacio, Porto-Vecchio



ADVENTURE PARK

XTREM SUD

Take part in a fun adventure in the heart of the L'Ospedale ... moving from tree to tree following routes punctuated with Tarzan ropes, monkey bridges, via ferrata ... no less than a 100 possibilities await you.

RATES Children 18 €
Adult 22 €

Special circuit for children: a fun program with 20 obstacles permitting the children to advance without manipulating the snap-hooks.

RATES: 12 €/per child

Open from April to October

+33 (0)4 95 70 01 20 info@xtremsud.com www.xtremsud.com L'Ospedale

COASTAL HIKES

CAMPU RUMANILU TRAIL

Cliffs and turquoise water (1h round-trip)

CAMPU RUMANILU-PERTUSATU PATH

(3 hours round-trip)

STRADA VECIA & MADONETTA TRAIL

Scented scrubland and breathtaking views (3hrs round-trip)

FENU TRAIL (TUNARA-PARAGAN)

Wild seaside, creeks (5h round-trip)

TRAIL OF FENU (TRINITY)

Scrubland, granite massif and viewpoints (3-5hrs round-trip)

RUNDINARA TRAIL

Seaside and pond, endemic flora (40 min round-trip)

TRAILS OF LAVEZZU ISLAND

Rocky chaos and turquoise beaches (1h round-trip)



COASTAL WALKS



I SCARPI APPLICATION

30 hikes between sea and mountain

For all nature lovers, the tourist offices of Southern Corsica have created a mobile application for you. It's up to you to choose between walking by the sea in the Nature Reserve of the Bouches de Bonifacio or discovering the mountains in the Regional Nature Park of Corsica: coastal walks in Bonifacio, A Testa, Bruzzi, Plateau du Cuscionu, villages of the Alta Rocca, Pisci Di Ghaddu waterfall...

The application gives you access to valuable information:

- Trailers to help you choose your hike,
- Detailed topographic maps and GPS tracks,
- All the practical information : level of difficulty, duration of the hikes,
- The photo of starting point of the hikes...

Download your hikes for offline use.

Tourist Office +33 (0)4 95 73 11 88 www.bonifacio.fr 2 rue Fred Scamaroni, Bonifacio



HIKES ACCOMPANIED BY A GUIDE

A MUVRELLA RANDONNÉES

Christophe, the mountain guide, will accompany you on a hike to discover the natural patrimony of Southern Corsica.

L'OSPEDALE FOREST: This is a hike in the mysterious forest and the granite chaos with an exceptional view all over Southern Corsica.

This is an easy 3-hour hike.

BAVELLA: This hike follows the traces of big horn sheep on the granite needles and secret paths; you will be astonished by the breath-taking panoramas. **This is an easy 4-hour hike.**

CUSCIONE PLATEAU: This hike takes you to a fantastic labyrinth of rivers and ponds in this paradise for free running horses.

This is a very easy 4-hour hike.

RATES

30 € adult / 20 € children

Typical Corsican picnic option : 10 €/pax

Open all year

+33 (0)6 74 66 00 48 contact@amuvrella.com www.amuvrella.com Travo, Solaro



HIKES ACCOMPANIED BY A GUIDE

U MUVRINU

Antoine, State graduate in mountaineering and also mid-mountain guide will take you to discover the most emblematic landscapes of the area. In Bonifacio and all over Corsica, he will take you off the beaten track for a more confidential version of the territory. A Spuntinu (Corsican picnic) offered by him, will give you strength to survey the scrubland, cliffs...

RATES Group hikes from 25 € (Holidays and weekends)
Privatized hikes from 250 €

Open all year

+33 (0)7 87 90 90 84 antoine@umuvrinu.com www.umuvrinu.com Foce de Bilia



VIA FERRATA

COMMUNE DE CHISA

Strong sensations assured! We propose a 3 to 4 hour fun and secure itinerary on a rock wall in the countryside. Equipment provided, you just need to bring gloves. On sunny days, departure is at 9 a.m. to 11 a.m., on Mondays, Tuesdays, Thursdays and Fridays. Weekend participation is possible on reservation and for minimum 8 pax.

30 €/pax

RATES

25 € from 12 to 18 years old

28 €/pax for a group of 8

Open all year

+33 (0)4 95 57 31 11 (du lundi au vendredi, avant 17h) +33 (0)4 95 57 84 24

mairie.chisa@wanadoo.fr - www.viaferratachisa.fr Chisà



Airborne in Southern Corsica



HELICOPTER

HÉLISUD CORSE

Departure from 9 a.m. to 11 a.m. In favourable weather conditions, from 1st June to 30th September, every day. Outside these four months of the year, departure is limited to Mondays, Tuesdays, Thursdays and Fridays.

CHOOSE YOUR PANORAMIC CIRCUIT FROM:

- 1. Porto-Vecchio and its beaches
- 2. Bonifacio and its coast
- 3. Bavella, its mountains and the East coast
- 4. Sea and mountain, Bonifacio et Bavella

RATES **■** From 80 €, 10 minutes to 1 hour flights

Open from April to October

+33 (0)4 95 72 18 63 ou +33 (0)6 62 06 95 49 info@helisudcorse.com

www.helisudcorse.com

Route du 9 septembre 1943, Porto-Vecchio



PARACHUTE

A CORSE PARACHUTISME TANDEM

Open from 13th June to 30th September - +33 (0)6 76 85 32 53 lehelley.marc@gmail.com - www.corse-parachutisme-tandem.fr Aérodrome d'Alzitone, Ghisonaccia

B ECOLE PARACHUTISME VALINCO

2020 Openings: From 16th to 24th May, every day From June 22nd to September 11th, Monday to Friday only From 8.30 am to 12 pm and from 3.30 pm to sunset

+33 (0)6 75 73 98 74

info@skydivecorsica.com - www.corseparachutisme.fr
Aérodrome de Tavaria, Propriano





WELL-BEING

VERA BRADESI YOGA

Vera practices yoga that has always animated her passion for photography... the relationship with others and sharing approached from another angle. Specialist in Acroyoga, she discovered « Yinyāsa « a tasty mix of «yin» and «vinyasa». She takes great pleasure in teaching yoga with great precision and humour!

+33 (0)6 78 37 49 59 - verabradesi3@gm

PUR' PILATES & YOGA

Julia practices traditional yoga that combines posture and breathing. She advocates alignment, fluidity, deep muscle strengthening, posture but most of all the unity of the whole body. Julia is dedicated to her students and does not practice her activity during classes, she accompanies and monitors their postures.

🛊 Private classes : Yoga from 40 €

Pilates from 50 €

Group lessons : from 12 €

+33 (0)6 88 95 09 18 - purpilates@yahoo.com Bonifacio



SPORT'A BÈ

Olivier's professionalism and seriousness will allow you to exceed your objectives. At your home or in an exceptional setting, he will provide group and individual lessons while respecting your body and your limits. Endowed with a natural empathy, he accompanies several types of people with specific needs.

Personalized coaching : quote on request

+33 (0)6 13 86 60 81

olivieroggiano@hotmail.fr Bonifacio



SPA BELEZZA

The hairdressing salon and SPA welcomes you in the heart of a patio that brings serenity and zenitude. Take advantage of the various services: hairdressing, barber, massages, facial care, body care and nail beauty.

> +33 (0)4 95 73 11 09 - www.belezza.fr Quai Nord, Bonifacio

SPA HÔTEL VERSION **MAQUIS CITADELLE**

Facing the Citadel of Bonifacio and inspired by its unique position immersed in the heart of nature, this magnificent 600m² Spa brings you all the energy and power of the Corsican scrubland: its limestones, its essences, its endemic species offer a real moment of relaxation.

+33 (0)4 20 40 70 40

citadelle@hotelversionmaguis.com - www.hotelversionmaguis.com Quartier Brancuccio Lieudit Padurella, Bonifacio

Getting around in South Corsica

In Bonifacio, all means of mobility are possible!
Beach bus, taxi, boat, taxi boat, bicycle, motorbike,
scooter, chauffeur driven minibus... you will find a
selection of solutions to move around in a playful
manner and discover breath-taking landscapes.
But these different means of locomotion should also
make you aware of the exceptional territory you are
going to discover. To take advantage of the unique
biodiversity that this area offers us, let's all respect the
environment together.





GETTING AROUND

LE PETIT TRAIN

The Petit Train will take you to discover Bonifacio, medieval city founded in 833 by Boniface, the Count of Tuscany. The route taken by the Petit Train was created by Napoleon 3rd. Departures from the port, stopping in the Old Town so that you may visit the heart of the Citadel and then take the next train to return to the Marina (every 30 minutes).

RATES Adults: 6 € Free of charge for the under-6 year olds

Open from April to October (at 9.00 am)

+33 (0)4 95 73 15 07

+33 (0)7 77 92 80 22

resa@massimi.fr - www.autocars-massimi.com Quai Noel Beretti, Bonifacio



BEACH BUSPIANTARELLA & SPERONE

A regular line is available to the most spectacular beaches of Piantarella and Sperone. Departure is from the Marina of Bonifacio (by the Petit Train station). A la carte services are possible : coach.



Departure Times	RETURN TIMES
8h45	9h30
10h15	11h00
12h15	13h00
15h15	16h00
17h45	18h30
19h15	20h00

Open July and August - even Sundays and public holidays

+33 (0)4 95 73 15 07 ou +33 (0)7 81 07 44 85 contact@ttb-massimi.com

www.autocars-massimi.com

Quai Noël Beretti. Bonifacio

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GETTING AROUND

TAM TAM

A bicycle ride is ideal for discovering the country roads and paths of Bonifacio as well as the beaches of the extreme South. Hop on a mountain bike, hybrid or electrically assisted bicycle. You can also rent stand up paddles.

RATES Mountain or hybrid bike from 15 € Electrically assisted bike from 40 €

Open from April to November

+33 (0)4 95 73 11 59 ou +33 (0)6 81 43 16 84 infos@tam-tam.fr www.tam-tam.fr Rue Paul Nicolaï, Bonifacio



GETTING AROUND

Make the most of the scenery and park easily.

Make your travel easier with a two-wheeler and take roads that are inaccessible by car.

ASJP LOCATION SCOOTER

Located near the port, ASJP rents 50cm3 scooters and 125 CC's. Decreasing rates.

Open all year round

+33 (0)4 95 73 02 73 ou +33 (0)6 24 82 60 82

totalbonifaciocorse@gmail.com - www.scooterbonifacio.fr Station Total - Avenue Sylvère Bohn, Bonifacio

SACHA BIKE

Motorcycle 50cc to 750cc scooter rental. Delivery possible.

Open from March to October

+33 (0)6 08 07 40 59 - contact@location-scooter-bonifacio.fr

Ronifacio

SCOOT RENT

Open from April to October +33 (0)6 25 44 22 82 - ek2a@hotmail.fr 3 Quai Banda del Ferro, Bonifacio

During my stay, I commit myself to...

The Bonifacian countryside is exceptional and offers itself to you generously but many spaces are fragile and sensitive. Whether you, stay for a day or a week, are a boater, camper or hiker, you are the guarantors of its preservation. Ecological and responsible tourism will guarantee that your children will also discover the wonders you are visiting today. Having a positive interaction with the environment is so easy! So please help us and follow our precious eco-tips:



I encourage the use of smartphone applications

"I Scarpi" for hiking. I also download brochures and tourist maps from www. bonifacio.fr, to limit the sending of paper documentation by post. The Municipal Tourist Office of Bonifacio (OMT) solicits its visitors with a financial participation (sending a stamp).



I respect the beach

I use biodegradable solar milk instead of oil, whose film on the water hinders the photosynthesis of algae and Posidonia. I don't hide my cigarette butts in the sand: the beach is not an ashtray. I bring back my picnic rubbish and I avoid leaving my plastic bags: in the water, dolphins and turtles confuse them with jellyfish and choke on them. To be noted, Corsica has banned plastic bags in supermarkets since 2003.



I respect the scrubland

Along the paths and footpaths, I respect the markings so as not to trample the flora which is particularly fragile in the summer period. While walking, I do not pick any flowers or take animals. The list of highly protected species is long: orchids, tortoises ... On a quad, a 4x4, I am the guide and I circulate in the areas reserved for my motorized activity, so I do not crush plant species.



I fish only in the authorized areas and according to the rules defined by the Nature Reserve of Bouches de Bonifacio. I respect the authorized quantities and minimum sizes. In case of infraction, I will risk a fine and confiscation of fishing equipment, including the boat. I do not anchor on the Posidonia meadows, which are essential for the reproduction of fish. While diving, snorkelling, I do not walk or fin in the Posidonia meadows which will damage it. Animal, vegetable and mineral gathering is strictly forbidden. By boat, I empty the toilets and tanks in the harbours. By boat or jet-ski, I am aware that my activity can be noisy. I limit my speed when I approach the shoreline so as not to frighten the animals that live, nest or reproduce there, as well as other visitors who come for the tranguillity of the site.



I am a camper, respectful of the entire territory.

I don't camp anywhere with my tent or camper van; I only go to one of the many campsites in Bonifacio. In Corsica, wild camping and bivouacs are forbidden. In case of infraction, I will be liable to a fine of I 500€, according to article LI16-2 of the Highway Code. I am very careful about the risk of fire. I do not make campfires and barbecues outside the areas dedicated to this purpose. I never throw my cigarette butt into the countryside and even more, glass bottles whose shards left on the ground can make magnifying glass and start a fire.



I sort my recyclable waste

I don't throw anything away. After each outing or activity, including on Lavezzu Island, without exception I bring back all my packaging. I use the numerous sorting bins set up by the Community of Communes of Southern Corsica: I can bring back my used batteries to the UNWTO; a box is dedicated for this. I systematically take my medicines back to the pharmacy; under no circumstances do I throw them in the trash.



I save water

Water is the most valuable wealth. I don't waste it and I preserve it! Southern Corsica was in water deficit in 2016 with serious restrictions.

For 2017, the report (Prefectural decree of June 2nd, 2017) is alarming.



Tourist Office of Bonifacio info@bonifacio.fr +33(0)4 95 73 11 88 www.bonifacio.co.uk

OPENING TIMES

April to October: from 9 a.m. to 7 p.m., 7/7 November to March: from 9 a.m. to 4 p.m., from Monday to Friday



#bonifaciotourisme @bonifaciotourisme

